

Food In the Area

Cafe 1274

Hotel restaurant on same floor as conference room with a bar and full menu.

Monkey Joe's Grill

Directly across the street. Corner of Carling Avenue and Merivale Road

Bowman's Bar and Grill, 1170 Carling Ave (across from Royal Ottawa Hospital):

Great fresh salad's with meat, burgers too.

In the Westgate Shopping Centre:

Rockin' Johnny's Diner

grilled hamburgers, salads, 24/7 breakfasts

Thai Go

stir fry meats and vegetables

La Grand Pita

great Shawarma salads or shawarma plates

Second Cup Coffee Co

specialty coffees, some Gluten-Free foods

Kardish

Energy Bars, bulk nuts, all kinds of Keto and Gluten-free products